



DARCI LANG

#1 EXPERT TO HELP YOUR TEAM
LEARN TO FOCUS ON THE 90%

VIRTUAL MEETING IDEAS

1. What is your phone wallpaper?

Show and tell me about your phone wallpaper.

2. Wellness Bingo

Wellness bingo is an activity that can be completed in teams, pairs or solo or challenge another department or your friend group at work. The goal is to engage in activities that support your mind, body and life. Try and check off as many squares as you can before the end of the contest.

An example of the bingo can be found here:

<http://wellness.usask.ca/documents/usask-wellness-bingo-card-aug.pdf>

3. Steps for Bucks! astepaheadchallenge.com

Translate your steps walked at work into real prizes. Employees earn "step bucks" over time and can spend them as they see fit. Identify some cool and fun rewards for accomplishments at all levels! How about a prime parking spot? Company swag? A day off? A healthy lunch? Choices and challenges are endless, use your imagination & create your own and have fun with this one. Can you make "step bucks" work for you?

4. "Companies Got Talent!"

As a spin-off to the "America's Got Talent" show theme, a client recently found a way to start inspiring others by showcasing internal talent! Staff eagerly signed up to display talents such as quick shoe tying, Rubik cube speed, unique cooking skills and so on! Staff can be encouraged to participate by offering prizes, etc. Talents can be displayed during team meetings, town halls, company news posts, posted on company social websites or various media outlets. Who's the next hidden talent in your team!

5. Home Office Scavenger Hunt – General Concept

If all your people are working from home, organize a surprise home office scavenger hunt. Come up with a list of items in advance (a few examples are below for general concept ideas), call out the items one at a time and see who can get back to their computer with it the fastest. Scoring can be points for having the item and a bonus point for getting back first.

There are many variations and themes of this, so make it your own!

Specific baking ingredient

Select a specific athletic equipment item

T-shirt of a band/from a concert

Baby picture

Oldest piece of technology

An expired item of food from your fridge or storage

Currency from another country

Your favorite book

DVD with a specific actor or actress

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VIRTUAL MEETING IDEAS CONT.

6. **MyCrib** range.co

You can put on a version of Cribz by giving team members the chance to show off their digs in video chats. It's fun, helps the team get to know a person better, lets people ask questions, and builds social connections.

Sharing the story behind favorite possessions or weird artifacts is always a crowd-pleaser. It can reveal exciting details about how a teammate thinks and views the world. It can be a family heirloom, an odd utensil, some impractical souvenir from a far-off land, or a mysterious pebble with a long and sordid history. Have the presenter voice why they like the object, what it means, and where it was acquired. It's all about building connections and opening up. It provides a way of understanding your colleagues better, as humans independent of work, which has been shown to improve psychological safety.

7. **Tiny Campfire — Virtual Campfire for Remote Teams**

Teams museumhack.com

Tiny campfire runs virtual campfires for remote teams. The experience could include telling stories, even a real s'more making experience, or anything that can safely be cooked over a candle flame. It's fun, wildly smart, and probably the best damn online camping experience in the world. No mosquito repellent needed.

8. **Pet Hangout — alighttoday.com**

Grab your furry friends for a special hangout designed to spread cheer and introduce your team to your pets! Dogs, cats, tigers, and other pets are helping us stay comfortable and providing companionship while we're at home. Bring them along for a special team-building session to introduce our pets, show off any special tricks and meet each other's furry friends!

9. **The 90% Solution** darcilang.com

As we know, Focusing, Living and Leading with our 90% lens can benefit ourselves and those we share our day to day lives with. Sharing your 90% experiences with others is a great way to reinforce the positive things of today and yesterday! So tell me, what is good in your life right now.

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